Blake's Pink Promise



A Promise to be there when it matters most

What is Blake's Pink Promise?

Mental Health Support for Young People

Blake's Pink Promise was created in memory of Blake, a much-loved 13-year-old girl, with the aim of making sure every child feels heard, valued and supported.

We provide children and young people with a safe, welcoming and non-judgemental space to talk about their feelings and whatever they may be going through.

We want to help children feel less alone, build confidence, and know that asking for help is a strength.

We also believe in the importance of bringing families and our local community together, creating opportunities for connection, support and a sense of belonging, so that no child or family feels alone. A promise to be there when it matters the most.

Services Offered

Counselling

up to 6 weeks worth of counselling with a qualified counsellor

Community

Regular community events aimed to bring people together

Awareness

Spreading the world about issues that affect young people and their mental health

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If you or someone you know is in immediate danger, call 999.

For free, confidental support:
Samaritians 116 123 - 24/7

@blakespinkpromise

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